



Kingston Gymnastics Club

Private Lessons

KGC is happy to offer Private (one on one) and Semi-Private (two to one) lessons this summer.

Classes are scheduled with an experienced and certified coach. Because of COVID-19 restrictions, we are only able to offer Semi-Private lessons to people in the same household or “bubble”

These classes are ideal for gymnasts, dancers, and cheerleaders wishing to focus on specific skills, or other participants looking for a way to be active and work on gymnastics skills in the wake of COVID-19.

Benefits to Private Lessons:

- Small participant to coach ratio allowing for physical distancing
- Focus on skills and goals of your choice
- Specific conditioning, stretching, and drills
- Book as few or as many as you wish
- All ability levels are welcome

30 Minute Lesson	1 Lesson	4 Lessons	8 Lessons
Private (1 on 1)	\$33	\$107.25	\$222.75
Semi-Private (2 to 1)	27.5 per person	\$89.50 per person	\$185.50 per person

1 Hour Lesson	1 Lesson	4 Lessons	8 Lessons
Private (1 on 1)	\$66	\$214.50	\$445.50
Semi-Private (2 to 1)	\$55 per person	\$178.75 per person	\$371.25 per person

Participants must pay an Annual (July 1 to June 30) \$30 GO Fee. The Club will waive this fee with a purchase of a package of 8+ lessons.

Contact us for more information or to book: kingstongymnasticclub@gmail.com
Please include: name, age, current ability level, and goals.

Join us, you'll flip!